

A Special Prayer

Sometimes messages appear at exactly the right time and in the strangest places. I was on a yoga retreat at an abbey and found this poem tucked away in a crevice by the bed. I have no idea who wrote it, but its message was perfect for me at the time and I would like to share it with you.



*No matter how softly you whisper a prayer
Some one must surely be listening there,
Who understands well
And knows from the start,
The hopes and fears in your heart.
For whenever you turn
To those Angels above,
And ask for their guidance
And trust in their love,
What wonders may be no one can say
Miracles happen sometimes when you pray.*

Found by Sharon Dewick